

REC-OUTDOOR EDUCATION (ODED)

ODED 100A Canoeing

Description: Introduction to canoeing and canoe camping with an emphasis on building fundamental canoe skills. Develop basic knowledge and skills necessary for safe and comfortable canoe travel/camping while minimizing environmental impacts

Credit Hours: 1

Max credits per semester: 1

Max credits per degree: 2

Grading Option: Pass No Pass

Course and Laboratory Fee: \$150

ODED 100N Challenge Course: Instructor

Description: Introduction to becoming a challenge course instructor. Leadership and group dynamics. Fundamentals for safely and effectively leading a group through a full day of low and high element activities to build group cohesion, teamwork, and trust.

Credit Hours: 1

Max credits per semester: 1

Max credits per degree: 2

Grading Option: Pass No Pass

Course and Laboratory Fee: \$190

ODED 103A Indoor Rock Climbing

Description: Provides a foundation for rock climbing and fosters an appreciation for climbing as a collection of many different disciplines and skills.

Credit Hours: 1

Max credits per semester: 1

Max credits per degree: 2

Grading Option: Pass No Pass

Course and Laboratory Fee: \$175

ODED 105A Kayaking

Description: Introduction to whitewater kayaking with an emphasis on building whitewater kayak skills. Will develop knowledge and skills necessary to navigate Class II whitewater while minimizing environmental impacts.

Credit Hours: 1

Max credits per semester: 1

Max credits per degree: 1

Grading Option: Pass No Pass

Course and Laboratory Fee: \$200

ODED 107A Angling I

Description: Learn the fundamentals of fly fishing including the techniques and strategies for utilizing a variety of fly-fishing equipment based on environmental factors. Introductory concepts are designed for beginners with no fly-fishing experience to develop the basic skills necessary for safe and enjoyable fly fishing.

Credit Hours: 1

Max credits per semester: 1

Max credits per degree: 2

Grading Option: Pass No Pass

Course and Laboratory Fee: \$95

ODED 107B Back-country Camping

Description: Gain the knowledge and skills necessary to plan and go on a one-two day backpacking trip

Credit Hours: 1

Max credits per semester: 1

Max credits per degree: 2

Grading Option: Pass No Pass

Course and Laboratory Fee: \$150

ODED 107E Cycling: Indoors

Description: Cycling techniques for developing cardiovascular fitness and muscular endurance.

Credit Hours: 0-1

Min credits per semester:

Max credits per semester: 1

Max credits per degree: 1

Grading Option: Pass No Pass

ODED 109B Wilderness First Aid

Description: Provides a basic foundation for assessment of and care for trauma, medical, and environmental emergencies in the backcountry, more than 1 hour from definitive care.

Credit Hours: 2

Max credits per semester: 2

Max credits per degree: 4

Grading Option: Pass No Pass

Course and Laboratory Fee: \$225

ODED 110A Canoeing II

Prerequisites: Beginner or intermediate canoeist.

Description: Build on ODED 100A Canoeing I. Canoe travel on moving water. Experience class I and/or II white water.

Credit Hours: 0-1

Min credits per semester:

Max credits per semester: 1

Max credits per degree: 1

Grading Option: Pass No Pass

Course and Laboratory Fee: \$225

ODED 110B Wilderness: First Responder

Description: Provides training for assessment of and care for trauma, medical, and environmental emergencies in the backcountry, more than 1 hour from definitive care.

Credit Hours: 2

Max credits per semester: 2

Max credits per degree: 4

Grading Option: Pass No Pass

Course and Laboratory Fee: \$550

ODED 113A Outdoor Rock Climbing

Prerequisites: Intermediate climber

Description: Provides a basic foundation for rock climbing in order to climb outdoors comfortably while building basic skills required to examine and build simple top rope anchors

Credit Hours: 1

Max credits per semester: 1

Max credits per degree: 1

Grading Option: Pass No Pass

Course and Laboratory Fee: \$225

ODED 117A Angling II

Credit Hours: 0-1

Min credits per semester:

Max credits per semester: 1

Max credits per degree: 1

Grading Option: Pass No Pass

ODED 117B Intermediate Backpacking

Description: Gain the knowledge and skills necessary to plan and go on an extended backpacking trip

Credit Hours: 1

Max credits per semester: 1

Max credits per degree: 2

Grading Option: Pass No Pass

Course and Laboratory Fee: \$250

ODED 117E Bike Camping

Description: Designed for students to develop the basic knowledge and skill necessary to go on a one to two day bike-camping trip

Credit Hours: 1

Max credits per semester: 1

Max credits per degree: 2

Grading Option: Pass No Pass

Course and Laboratory Fee: \$150

ODED 127B Backpacking III

Prerequisites: Intermediate experience in backpacking and/or back country travel.

Description: Experiences for the intermediate backpacker and/or back country traveler. Build and refine back country leadership skills based upon the Wilderness Education Association 18-point curriculum on winter skills.

Credit Hours: 0-1

Min credits per semester:

Max credits per semester: 1

Max credits per degree: 1

Grading Option: Pass No Pass

Course and Laboratory Fee: \$525

ODED 127E Cycling III

Description: Develop the basic knowledge and skill necessary to effectively mountain bike.

Credit Hours: 1

Max credits per semester: 1

Max credits per degree: 2

Grading Option: Pass No Pass

Course and Laboratory Fee: \$200

ODED 130 Rock Climbing Instructor

Prerequisites: Instructor permission

Description: In-depth and standardized skill set needed to effectively instruct the sport of rock climbing in an indoor setting.

Credit Hours: 2

Max credits per semester: 2

Max credits per degree: 2

Grading Option: Pass No Pass

ODED 135A Lead Climbing for Rock Climbing

Prerequisites: Instructor permission

Description: Intermediate rock climbing fundamentals incorporating skills and judgment necessary to competently lead climb in an indoor rock climbing environment.

Credit Hours: 0-1

Min credits per semester:

Max credits per semester: 1

Max credits per degree: 1

Grading Option: Pass No Pass

ODED 135B Technical Rappelling

Description: Introduction to develop and expand skills and awareness of technical rappelling. Explore a variety of rappel set-ups and develop skills to effectively manage a self-rescue.

Credit Hours: 0-1

Min credits per semester:

Max credits per semester: 1

Max credits per degree: 1

Grading Option: Pass No Pass

ODED 135E Self-Rescue and other Technical Rope Skills

Description: Introduction to help climbers develop and expand personal knowledge and skills associated with multi-pitch climbing.

Credit Hours: 1

Max credits per semester: 1

Max credits per degree: 1

Grading Option: Pass No Pass

ODED 137E Bike Maintenance

Description: Introduction to the basic knowledge and skills necessary to perform regular preventative bike maintenance and basic repairs.

Credit Hours: 1

Max credits per semester: 1

Max credits per degree: 1

Grading Option: Pass No Pass

ODED 140 Paddling Site Management

Prerequisites: Instructor permission

Description: Introduction to the skills needed to effectively lead a group of paddlers in a river environment. Instructional experience leading others in a nuanced technical skill, as well as management of group dynamics.

Credit Hours: 0-1

Min credits per semester:

Max credits per semester: 1

Max credits per degree: 1

Grading Option: Pass No Pass

Course and Laboratory Fee: \$200

ODED 140A Stand Up Paddle-boarding

Description: Introduction to stand up paddleboarding (SUP) with an emphasis on building paddling skills. Develop knowledge and skills necessary to navigate flat water lakes while minimizing environmental impacts.

Credit Hours: 1

Max credits per semester: 1

Max credits per degree: 1

Grading Option: Pass No Pass

Course and Laboratory Fee: \$150

ODED 150 Rock Climbing Site Management**Prerequisites:** Instructor permission**Description:** Advanced technical skills in rock climbing. Foundations of anchor systems, understanding of forces involved in top-rope climbing, competent use of equipment to manage forces and various anchor systems. Skills in group management and basic rescue techniques.**Credit Hours:** 1**Max credits per semester:** 1**Max credits per degree:** 1**Grading Option:** Pass No Pass**ODED 160 Outdoor Leadership Seminar****Prerequisites:** Instructor permission**Notes:** Out-of-state travel required.**Description:** Foundational component to introducing the value of the use of adventure as a powerful tool to facilitate development in others utilizing technical skills relevant to the educational human skills expected of adventure leaders. Conducted in various outdoor settings.**Credit Hours:** 3**Max credits per semester:** 3**Max credits per degree:** 3**Grading Option:** Pass No Pass