ATHLETIC COACHING (ATHC)

ATHC 235 First Aid and Care of the Athlete
Description: Instruction in the first aid and CPR. Theory and practice of conditioning, taping, and rehabilitation of minor injuries.
Credit Hours: 3
Max credits per semester: 3
Max credits per degree: 3
Grading Option: Graded with Option
Course and Laboratory Fee: $15

ATHC 279 Coaching Effectiveness and Psychological Components of Sports Performance
Description: Key concepts to becoming an effective coach. Creation of a sound educational philosophy, values development, assessment techniques, practical issues tied to interscholastic coaching, and a review of those psychological factors that can improve sports performance for athletes.
Credit Hours: 3
Max credits per semester: 3
Max credits per degree: 3
Grading Option: Graded with Option

ATHC 311 Coaching of Basketball
Description: Rules; individual and team play; offensive and defensive strategy; tournament preparation; fundamental drills.
Credit Hours: 2
Max credits per semester: 2
Max credits per degree: 2
Grading Option: Graded with Option
Course and Laboratory Fee: $5

ATHC 312 Coaching of Football
Description: Rules, study, and practice of fundamental offensive and defensive skills; application of elementary principles to team play; health and safety practices; equipment and game strategy.
Credit Hours: 2
Max credits per semester: 2
Max credits per degree: 2
Grading Option: Graded with Option
Course and Laboratory Fee: $15

ATHC 317 Coaching of Track
Description: Theory and practice of coaching track including strategy, rules, and training procedures.
Credit Hours: 2
Max credits per semester: 2
Max credits per degree: 2
Grading Option: Graded with Option

ATHC 318 Coaching of Volleyball
Description: Philosophy of coaching, conditioning, analysis of skills, strategies, team selection process, officiating, and conduct of practices as related to volleyball.
Credit Hours: 2
Max credits per semester: 2
Max credits per degree: 2
Grading Option: Graded with Option
Course and Laboratory Fee: $10

ATHC 320 Coaching of Soccer
Description: Theory and practice of coaching soccer. Rules, organization of practice and matches, health and safety considerations, analysis of offensive and defensive skills and strategies.
Credit Hours: 2
Max credits per semester: 2
Max credits per degree: 2
Grading Option: Graded with Option
Course and Laboratory Fee: $25

ATHC 494 Practicum in Coaching
Prerequisites: Permission
Description: Practical experience in coaching in youth sports and interscholastic athletic programs.
Credit Hours: 1-3
Min credits per semester: 1
Max credits per semester: 3
Max credits per degree: 3
Grading Option: Pass No Pass
Experiential Learning: Student Teaching/Education Practicum