



MEDICAL/FAMILY THERAPY (CERTIFICATE)

The Medical Family Therapy certificate program offers intensive training for those holding or currently pursuing a qualifying graduate degree in clinical mental health training, specifically Marriage and Family Therapy, Psychology, Social Work, or Professional Counselor.

Description

Trainees will learn how to work with patients and their families who are experiencing physical, emotional, relational, and spiritual difficulties related to acute and chronic illnesses. The training, which focuses on collaborative, multidisciplinary, and multidimensional approaches to treatment, includes a practicum experience for all participants.

The Medical Family Therapy certificate program is open to anyone who is currently enrolled in or has completed a master's degree program in social work, psychology, counseling, or marriage and family therapy.

Program-Related Information

Graduate Chair

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Support Staff

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Program Website

<https://cehs.unl.edu/cyaf/home/>

Applying for Admission

Standard requirements for all graduate programs

- Application for Admission with \$50 non-refundable application fee (<https://graduate.unl.edu/admissions/requirements/#appfee>).
- Transcripts (<https://graduate.unl.edu/admissions/requirements/#transcripts>) (unofficial): Uploaded as part of application form.
If International: Uploads must include all college- or university-level transcripts or mark sheets (records of courses and marks earned), with certificates, diplomas, and degrees plus certified English translations.

After admission: Official documents are required from all students who are admitted and enroll. Photocopies of certified records are not acceptable. International students enrolled in other U.S. institutions may have certified copies of all foreign records sent directly to the Office of Graduate Studies by their current school's registrar office.

- If applicant's native language is not English, verification of English proficiency (<https://graduate.unl.edu/admissions/english-proficiency/>) is required.
When sending TOEFL scores, our institution code is 6877 and a department code is not needed.
- If applicant is not a US citizen and expects an F or J visa: financial information (<https://graduate.unl.edu/prospective/international/financial/>).

- Applicants must also fulfill any additional requirements the department specifies at the time of application.

Additional requirements specific to this program

- Curriculum vitae or Resume
- Personal Statement: Statement of professional goals.
- Three Letters of Recommendation. Ensure that at least one reference letter is academic (e.g., instructor, advisor) and any non-academic letters are professional (e.g., relevant employer).

Certificate programs are not considered degree programs, so international students should be aware that admission to this program is ineligible for immigration forms for an F-1 student visa.

Requirements

There are two approaches to completing this certificate:

- **Approach A:** Those who hold a qualifying degree will be able to complete the certificate program within one year by taking the four core courses and practicum. For information on qualifying degrees and prerequisites, contact the department.
- **Approach B:** Those who do not hold a qualifying degree may complete the certificate as a standalone non-degree objective or as part of the Child, Youth and Family Studies master's degree with a specialization in Marriage and Family Therapy. Requirements:
 - The core courses and practicum (as for option A)
 - The seven "other required courses" listed below
 - Nine credit hours in individual development and family relations. Courses offered through UNL, UNMC, UNO, and other institutions will be considered on an individual basis. Courses from the UNL Marriage and Family Therapy Program which fulfill this include: CYAF 872, 881, 882, 883, 888, 980, 984.

Complete 15 (option A) or 45 (option B) credit hours as described here:

Core Courses and Practicum

CYAF 951	Theoretical Foundations of Marriage and Family Therapy	3
CYAF 957	Theory and Practice of Medical Family Therapy	3
CYAF 958	Families, Health, and Illness in a Collaborative Care Context	3
CYAF 959	Applied Medical Family Therapy	3
CYAF 997	Advanced Practicum in Family Therapy	1-14 (3 credits needed for the certificate)

Other Required Courses

CYAF 952	Psychopathology and Dysfunctional Interactions	3
CYAF 954	Assessment in Family Therapy	3
CYAF 955	Clinical Family Therapy (Must take both 955A and 955B)	3
CYAF 956	Couples and Sex Therapy	3
CYAF 953	Issues and Ethics for Family Professionals	3
CYAF 865	Research Design and Methods	3

2 *Medical/Family Therapy (Certificate)*

Individual development and family relations (9 cr, courses vary)